

THE ROLE OF SYNCHRO IN YOUR DAILY SKINCARE ROUTINE

The nutritional cream that started a global skincare revolution. **SYNCHRO**, GERnétic's iconic cream, has long been loved worldwide. Rooted in the brand's philosophy of cellular nutrition, it helps support healthy, radiant, balanced skin. **SYNCHRO** was created to encourage natural regeneration and strengthen the skin's defences. It remains a universal cream that brings comfort, balance and vitality to every skin.

More Than a Moisturiser

SYNCHRO isn't just another face cream, it's a complete nutritional treatment for the skin. Its blend of amino acids, peptides, vitamins and trace elements nourishes the skin at a cellular level, supporting repair, renewal and resilience.

A Nutritional Powerhouse

SYNCHRO combines organic plant extracts, marine ingredients and beneficial bacteria to nourish and revitalise the epidermis. This carefully balanced formula supports regeneration & cell turnover, restores key minerals such as magnesium, zinc & potassium, delivers antioxidants & nourishing fatty acids to protect against environmental stress, and soothes irritation with calming natural actives. With every use, it helps strengthen the skin barrier, improve texture and tone, and restore a healthy glow.

Who Can Use Synchro?

One of **SYNCHRO**'s strengths is its versatility. It adapts to every skin condition and age. It nourishes, smooths & comforts dry, depleted or mature skin; it calms redness & reactivity in sensitive or irritated skin; helps rebalance sebum & refine texture in oily or combination skin and supports recovery & resilience when used post-procedure. **SYNCHRO** supports the skin's own repair and balance processes.

How to Use Synchro in Your Routine

A little goes a long way! Take a pea-sized amount and warm it between your fingertips, then gently pat over the face, eye area, neck or any other area needing care. Finish with light upward strokes to massage the cream into the skin.

Use **SYNCHRO** morning and night. It layers well over serums, under SPF, and on the neck, décolletage or bust for extra nourishment. For dry or ageing skin, pair **SYNCHRO** with **CYTOBI** to enhance regeneration and comfort. For normal or combination skin, **SYMBIOSE** makes an ideal companion.

Two Textures, Same Power

The original **SYNCHRO** has a rich, luxurious texture, ideal for normal to dry skin or cooler climates. **SYNCHRO 2000** offers the same nutritional benefits in a lighter finish.

Why Everyone Loves SYNCHRO

SYNCHRO is often called a "miracle cream" because of its long-term results. By focusing on cellular nutrition, it helps restore vitality, softness and radiance from within. **SYNCHRO** seals in the benefits of other actives and helps harmonise the skin, a balance of science, nature and touch that has made it a salon favourite for five decades.

A Legacy of Cellular Beauty

Even decades after its creation, **SYNCHRO** remains a symbol of intelligent, restorative skincare that respects the skin's biology. Whether you're new to GERnétic or already devoted to the brand, **SYNCHRO** offers a simple daily way to support beautifully balanced skin through cellular nutrition.



SPECIAL SYNCHRO OFFER AVAILABLE SOON

GERnétic's well-loved and most eagerly awaited Special **SYNCHRO** offer is arriving soon! As every year, you can choose a 30ml specialist product to complement your 50ml **SYNCHRO**, depending on your specific needs.

SYNCHRO - Balancing cream for dry and normal skin

Often copied but never equalled, **SYNCHRO** cream with its regenerative powers is designed to nourish and revitalize your skin. As a basic cream for all GERnétic's beauty products, it is applied after the majority of other creams and sometimes in combination with them. Its synchronising action reinforces them and accelerates the results.

With the **SYNCHRO** 50ml you have the choice of

IMMUNO: Nutritive creamy mask with essential stimulating and regenerating action. Mix with **SYNCHRO** to regenerate, firm and improve the skin. Excellent for reducing scarring.

VASCO: The perfect cream for sensitive skin and those with redness. Provides comfort and softness. Helps with blotchiness and couperose.

MYOMYOSO: Toning and lifting cream. Optimises activity of facial muscles. Strengthens the elasticity of your skin, and smooths away wrinkles.

NUCLEA: Intensive, regenerating & repairing booster cream, excellent results on skin with depigmentation. Non-greasy.

CYTOBI: The ultimate defence against ageing. Super nutritive cream with exceptional results for all kinds of skin problems like acne rosaceous and eczema.

Choose the Duo pack that suits you and your skin!



TALK TO US!

Want to find out more or want us to tell you how we can help you achieve the skin you've always dreamt about? Speak to your local beauty salon or visit our website or phone us and we will be happy to discuss any topic.

We are here to help!
Visit: www.gernetic.co.uk
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GERNÉTIC BEAUTY



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AUTUMN SKINCARE TIPS

Changes in weather can exacerbate the damages caused by free radicals, e.g. generated by pollution. They damage the skin's DNA, proteins and slow down your skins healing properties. They also attack our skin's collagen & elastin fibres, accelerating the appearance of fine lines & wrinkles. GERnétic products can support you in the fight against free radicals as applying a nutritive, concentrated cream topically can also provide powerful protection against damaging free radicals.



GERnétic's **SYNCHRO** is more than one of the best anti-ageing products. It provides nutrients that are in harmony with the skin cells' own composition. It contains 3 biological compounds rich in amino acids & trace elements that increase skin rejuvenation & tissue repair.

SYNCHRO provides a cocktail of vitamins A, C, E, H & B complex, essential nutrients for the protection of the cells from the damaging action of free radicals. With its unrivalled regenerating and healing powers, **SYNCHRO** is the one cream you cannot go without.

GERnétic's **NUCLEA** is a very effective repairing cream designed to complement **SYNCHRO**, dramatically reducing the depth of wrinkles and restoring prematurely aged skin. Its three nutritional biological compounds, rich in proteins, peptides, trace elements and nourishing oils, are combined with a skin repair factor to create an anti-ageing cream "par excellence".



CYTOBI is GERnétic's soothing and nutritive cream which provides all the essential molecules your skin needs for its health. It is the ultimate weapon against all skin sensitivities including rosacea, eczema and psoriasis. Its synergy of five nutritional biological compounds rich in proteins, biopeptides, trace elements & nourishing oils providing vitamins A, C, E, H and almost all the vitamins from the B series. **CYTOBI** strengthens your skin's defence mechanism & reduces sensitivity and skin inflammation.



GERnétic's stimulating serum **MITO SPECIAL+** brings energy to the cells' "powerhouse", boosting epidermal regeneration. Its synergy of glycoproteins, peptides, and expertly balanced amino acids stimulates collagen production and revives lifeless skin.



The light textured **GEROXY** cream activates the skin's micro circulation, increasing moisture to the skin's surface. Seven plant extracts combined with a complex of amino-acids, vitamins and hydrating oils contribute to an increased supply in nutrients to oxygenate, hydrate and protect your skin.



SKIN FATIGUE - THE NEW AGEING CONCERN

Skincare is shifting. Beyond lines, wrinkles and pigmentation, many people now notice a complexion that looks tired: dull, dehydrated, less responsive and less radiant, even with a consistent routine. This is known as skin fatigue - one of the most relevant concerns in modern skin health.

Stress, lack of sleep, pollution, seasonal dehydration, screen exposure, intensive skincare and post-treatment sensitivity can all leave the skin looking depleted, less resilient and slower to recover. In short, the skin has not necessarily aged faster - it has become less energised and that means less radiant.

At GERnétic, this reflects a core belief: ageing is not only about time, but about how well the skin is nourished, supported and able to regenerate.

Why Skin Recovery Is Becoming a Priority

Rather than pushing the skin harder with stronger actives, skin recovery and barrier support is now prioritised. Healthy skin is supported skin. With the right recovery environment, the complexion can appear smoother, calmer, plumper and more radiant. This is why treatment masks are returning as essential skin recovery tools.

CELLS BOOST MASK

GERnétic's first biocellulose activating mask, created to deliver hydration, regeneration and radiance while enhancing the performance of previous treatment products. Made from natural coconut-derived biocellulose, it forms a "second skin" that follows the contours of the face for optimal contact and controlled delivery of concentrated actives. In simple terms, it helps "switch the skin on", boosting hydration, comfort and radiance while supporting regeneration.



From application, Cells Boost immerses the skin in hydration and active support. In just 10 minutes, skin can appear fresher, plumper, more hydrated and more radiant. With longer application, it can also support comfort, calm visible redness, improve suppleness and provide lasting hydration.

A Multi-Action Approach to Skin Vitality

Cells Boost is more than a hydrating mask. It supports the skin with a multi-action approach to vitality. This makes it ideal for skin that feels tired, dehydrated, stressed, reactive or in need of recovery. Suitable for all skin types, it is a versatile treatment.

Cells Boost can be used weekly, after stress or travel, during seasonal changes, after intensive routines or whenever the skin needs renewed comfort and radiance. It is especially useful when the complexion has lost its natural glow or resilience.

Cells Boost combines biotechnology with selected actives to support hydration, regeneration and comfort. Together, they help restore skin vitality, comfort and glow.

A Final Thought

Skin fatigue is often the skin's quiet request for support, not stimulation. In a world of constant environmental and lifestyle pressure, recovery has become an essential part of skin longevity. Cells Boost is designed for moments when skin needs more than hydration - when it needs to feel replenished, re-energised, visibly restored. When skin is properly supported, it looks brighter, feels stronger and glows more naturally.

Skin Longevity:

Why Healthy Ageing Is Replacing "Anti-Ageing"

For years, skincare was all about anti-ageing: smoothing wrinkles, correcting lines, resisting the visible passage of time. Today, the conversation is shifting towards skin longevity. Rather than chasing overnight youth, the focus is on skin that is healthier, stronger and more resilient for the long term - radiant, comfortable and beautifully supported at every stage of life.

At GERnétic, this philosophy has always been at the heart of the brand: nutrient-rich formulations created to respect the skin's natural intelligence and support its biological harmony.

What Is Skin Longevity?

The art of helping the skin remain healthy, resilient and beautifully functional. It looks beyond visible signs of ageing to the skin barrier, cellular nutrition, inflammation, repair and regeneration. When the skin is supported, it naturally appears brighter, smoother, stronger and more luminous.

Why Modern Skin Ages Faster Than Before

Ageing is influenced by more than time. Stress, poor sleep, environmental exposure, lifestyle and nutrient deficiencies can leave skin looking tired, depleted or fragile. These pressures can compromise the skin barrier and contribute to inflammation, often called "inflammaging". As a result, many people notice sensitivity, dehydration, dullness, redness, slow recovery and skin fatigue - signs that the skin is asking for regeneration, recovery and intelligent support rather than over-correction.

The Role of Nutrition in Skin Longevity

Like the body itself, the skin requires precise nourishment to perform with grace and resilience. Healthy skin relies on amino acids, vitamins, minerals, essential fatty acids, antioxidants, proteins and peptides to support repair, barrier strength, firmness and resilience. When the skin becomes depleted, it can struggle to repair efficiently and maintain its natural vitality.

This nutritional intelligence is central to GERnétic. Its formulations use carefully selected actives - including amino acids, proteins, vitamins, trace elements and marine extracts - to support optimal skin function and targeted nourishment.

Recovery Is Becoming the Biggest Beauty Trend

For years, strong acids and aggressive treatments defined modern skincare. Now, we recognise that repeatedly stressing the skin may not support long-term beauty. Instead, interest is growing in barrier repair, recovery skincare, resilience, regenerative ingredients and calming inflammation over time. Truly healthy skin is built through support, not damage.

A Simple GERnétic Routine to Support Skin Longevity

A strong, supple skin barrier is essential for hydration, resilience and long-term skin health. A consistent, considered ritual can help maintain vitality over time.

Step 1: Cleanse and Respect the Skin Barrier

Gentle cleansing every morning and evening is the first gesture of respect: removing impurities while preserving the skin's delicate equilibrium is vitally important.

GLYCO & FIBRO: These cleansers help remove impurities while respecting the skin's natural protective barrier.



Step 2: Gentle Exfoliation

Exfoliation can illuminate the complexion and encourage renewal, but over-exfoliation may compromise the skin's resilience, so only use once or twice a week.

MARINE GUMMING: This gentle exfoliating treatment helps remove surface build-up while supporting smoother, fresher-looking skin.

Step 3: Support Cellular Energy and Vitality

As skin matures, cellular energy can gradually slow. Revitalising ingredients can help soften the appearance of fatigue and restore a brighter, more awakened complexion.

MITO SPECIAL PLUS: This revitalising serum is designed to support skin vitality and help promote a healthier-looking complexion, use morning and/or evening.



Step 4: Nourish and Strengthen the Skin

Hydration, nourishment and barrier comfort are all essential to lasting skin elegance. Our most iconic formulations help cocoon the skin in nourishment and comfort while supporting long-term resilience and visible vitality.

Morning: Use **SYNCHRO** with **IMMUNO**

Evening: Use **CYTOBI** layered with **SYNCHRO**



The Future of Skincare Is Healthier Skin

Skin longevity is not about chasing youth or perfection. It is about preserving balance, luminosity and vitality through every stage of life. There is a quiet confidence in moving beyond "anti-ageing" towards care, consistency and nourishment. Truly healthy skin is not frozen in time; it feels comfortable, resilient, radiant and alive. Perhaps that is the future of beauty: not fighting the skin, but understanding how to support it with intelligence & respect.